



# Power systems wobble board





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### Power Systems Premium Exercise Slant Board

The combination wobble and rocker board can be used to strengthen and condition the lower back, improve ankle ROM, balance, body awareness and develop joint mobility and reaction skills.

### PowerBalance Wobble Boards

The 360° rotation of the Wobble Board allows you to fully utilise balance to reinforce strength and recovery exercises. Simply rotate the board in a circular motion to target a wide range of muscles ...



### Amazon : Wobble Balance Board

Balance Board for Physical Therapy, Wooden Wobble Board for Balance Training and Ankle Strengthening, Anti-Slip Surface, 350 lbs Capacity Standing Desk Rocker Board

## [Fitness Equipment , Strength & Conditioning Equipment , Gym Storag](#)

Updated top design featuring a large, flat hex design that is more comfortable for seated exercises. The toughest soft-shell medicine ball on the market with a 3-year warranty. Available in 10 weight options ...



## Power Systems 70275 Home Balance Trainer

Use either the curved or flat side of this multifunctional core training device to integrate balance into every aspect of fitness, sports performance, or rehabilitation.



## [Enhance Core Stability with Premium Balance Equipment](#)

These High Quality Rocker & Wobble Balance Boards are Functional, Durable, Affordable and Used by Professionals. Start with the Rocker Board for basic balance work, then progress to the adjustable ...



## Balance Training

Improve your balance with balance training equipment, wobble boards and bongo boards from Power Systems.



## Power Systems Wobble Board



Great balance board with list of exercises conveniently on the bottom. Solidly built. Easy Grafton pickup, message with any questions, happy to help!



## **Amazon : Power Systems Balance Disc**

Inflated Wobble Cushion with Hand Pump, Air Stability Board (Extra Thick), Core Balance Disc for Adults, Sensory Wiggle Seat for Kids, Flexible Seating for All Age, 13.5in / 34cm Diameter



## Contact Us

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